TECHNICAL DATA



Waist Twist



Made with structural metal profiles. Thermo-lacquered paint treatment with primer. High density polyethylene with UV protection. Stainless steel screws.

Users: 3 (one user per platform).

Ages: Users taller than 1,40 m.

Instructions: Stand on one of the platforms and hold on tightly to the steering wheel.

Turn your body in both directions.

Functions: Activation of the abdomen and hips in addition to improving the agility of spinal column.

Warning: Keep your body steady. The disk can only be occupied by a single user. When used by children, adult supervision is required.

