

# TECHNICAL DATA



Ref.: BS17

Elevator + pectorals



Made with structural metal profiles.  
Thermo-lacquered paint treatment with primer.  
High density polyethylene with UV protection.  
Stainless steel screws.

**Users:** 2 (one per seat)

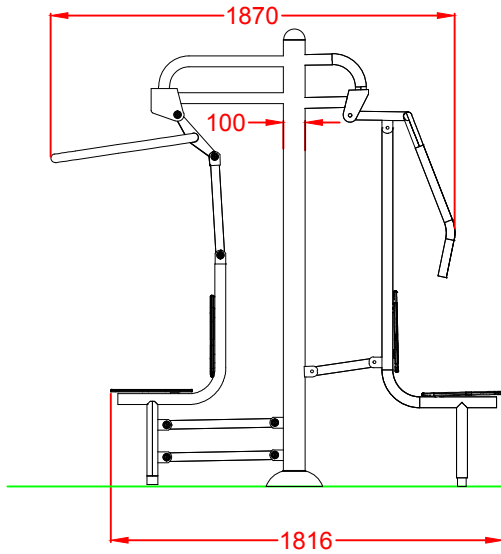
**Ages:** All except children.

**Instructions:** Sitting on the chair, hold the handles with both hands and push forward until the arms are almost straight, slowly return to the initial position. It is recommended to perform 3 series of 10 to 15 repetitions each. Sitting on the chair, hold the handles with both hands and slowly pull to the full flexion of the arms. Do this operation between 10-15 times. Repeat the exercise.

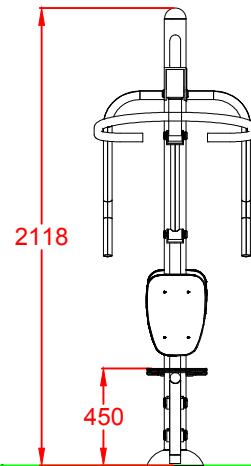
**Functions:** Development of the muscles of the upper limbs, muscles pecs, shoulders and back.



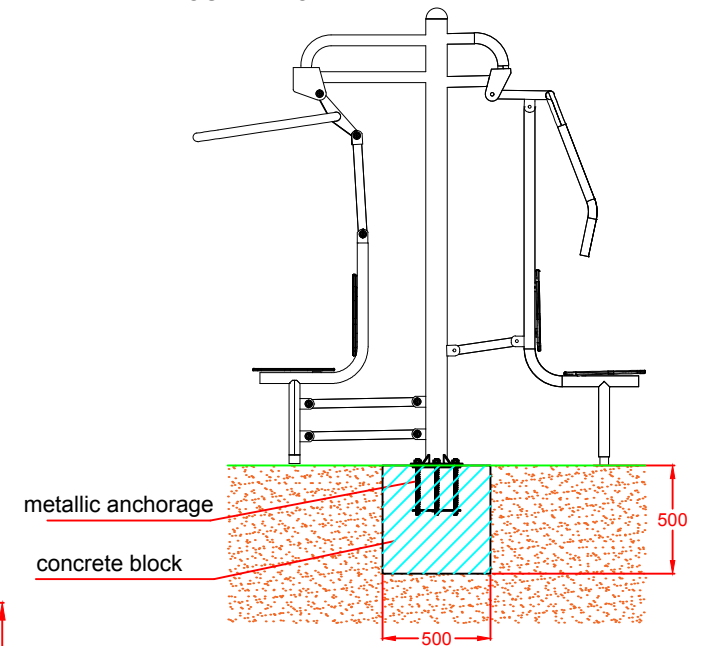
FRONT VIEW



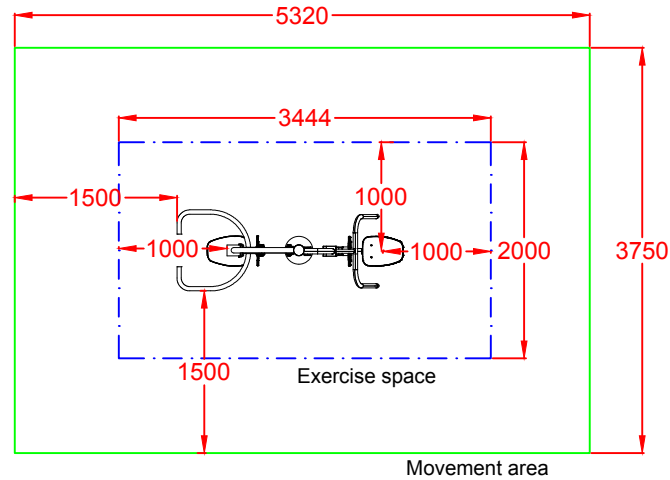
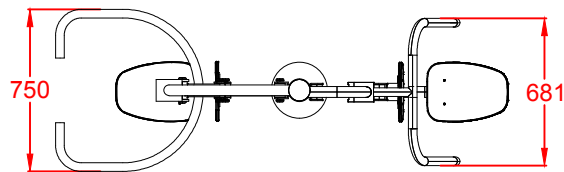
LATERAL VIEW




FOUNDATION



TOP VIEW



Drawn		VIEWS AND FOUNDATIONS	Ref: BS17
Reviewed			
Passed			
Description:		Scale:	Full number:
METALLIC BIO-HEALTHY DEVICE "ELEVATOR+PECTORALS"		Date: 10-12-2021	2/2